

## “Faith Engaged”

### Overview of Eucharistic Sessions: *Called, Nourished & Sent!*

The three catechetical sessions on the Eucharist are part of the Diocesan celebration of the “Year of Faith Engaged: Sharing Christ’s Message since 1559”, which Bishop Ricard proclaimed on August 15, 2008.

The sessions can be altered to fit the size, understanding and capabilities of any group of youth from 6<sup>th</sup> to 12<sup>th</sup> grade. They can be used alone or as a series of sessions that build upon each other.

Session 1: **Called by Jesus:** The Eucharist in Scripture

Session 2: **Nourished by the Eucharist:** *Celebrating* the Liturgy!

Session 3: **Sent by Jesus:** The Mass has ended...GO!

### Resources:

#### On the Web:

<http://www.ewtn.com/faith/teachings/euchmenu.htm>

#### Youtube:

1. <http://www.youtube.com/watch?v=yR6pjQXhX8o>
2. <http://www.youtube.com/watch?v=TgQFa0Gohjw&feature=related>
3. <http://www.youtube.com/watch?v=EPSfasGchJg&feature=related>
4. <http://www.youtube.com/watch?v=A-H7N6xLBiE&feature=related>
5. <http://www.youtube.com/watch?v=hSYGqERO3Y8&feature=related>

### Papal References:

- APOSTOLIC LETTER, ***MANE NOBISCUM DOMIN***, OF THE HOLY FATHER **JOHN PAUL II**, TO THE BISHOPS, CLERGY, AND FAITHFUL FOR THE YEAR OF THE EUCHARIST, **OCTOBER 2004–OCTOBER 2005**
- ***IOANNES PAULUS PP. II, ECCLESIA DE EUCHARISTIA***, 2003.04.17

***Catechism of the Catholic Church (CCC)***: All of Article 3 “The Sacrament of the Eucharist” #1322 through #1419

### A Few Important Scripture References:

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- Matt. 26:26-28; Mark. 14:22,24; Luke 22:19-20; 1 Cor. 11:24-25 - Jesus says, this IS my body and blood. Jesus does not say, this is a symbol of my body and blood.
- Acts 2:42 – “They devoted themselves to the apostles teaching and fellowship, to the breaking of the bread and the prayers.” From the Church's beginning, apostolic tradition included celebrating the Eucharist (the "breaking of the bread") to fulfill Jesus' command "do this in remembrance of me."
- 1 Cor. 10:16 - Paul asks the question, "the cup of blessing and the bread of which we partake, is it not an actual participation in Christ's body and blood?" This IS the actual body and blood.
- 1 Cor. 11:23 -26 “For what I received from the Lord what I also handed onto you, the Lord on the night he was betrayed took a loaf of bread...” Here, Paul emphasizes the importance of the Eucharist by telling us he received directly from Jesus instructions on the Eucharist which is the source and summit of the Christian faith.